

NEEDS GAME

Find out which needs are strongest for you. Working together, place the characteristics under the need that they most describe. There are equal numbers for each need.

Power	Love and Belonging	Fun	Freedom
Wants to be in control	Wants to be liked	Wants to amuse others	Wants to choose for themselves
Observes before trying new things	Works better with an encourager	Loves games	Loves to experiment
Distressed by making mistakes	Works hard for other's approval	Amusing, even if misbehaving	Adaptable to new situations
Likes to be the best	Peers are important	Clown/jokester	Tries anything new and engaging
Very organized	Enjoys cooperative games	Likes surprises	Needs to move around
Systematic	Affectionate	Enthusiastic	Risk taker
May not try for fear of failing	Very sociable	Easily distracted	Need their privacy
Enjoys competitive games if good at them	Does not like to compete	Will competed if it is not too serious	May be more interested in competing with self than others
May find working in groups frustrating	Good team members	Loves the "ah ha" of learning	Often prefers to work alone
Hard on self	Understanding and compassionate	May not take serious things seriously	May not notice other's discomfort
Needs to feel acknowledged for accomplishments	Want others to approve of their work	Wants to enjoy work	Not so influenced by others

BELONGING

Up and Clean

- Hugging parents
- Going to grandmas house
- Playing with friends
- Being in a club

Down and Dirty

- Being in a gang
- Excluding others from a group
- Alcohol , tobacco, drugs with peers
- Trying to impress others

FREEDOM

Up and Clean

- Choice time in school
- Choosing who to play with
- Picking what you eat at a restaurant

Down and Dirty

- Daydreaming
- Silence
- Not looking
- Not listening

POWER

Up and Clean

Learning new things like:

- How to read
- Multiplication
- New game on the computer

Down and Dirty

- Bullying
- Punching
- Kicking
- Spreading rumours or secrets
- Cheating

FUN

Up and Clean

- Playing games with friends
- Going to the zoo or amusement park
- recess

Down and Dirty

- Jokes at another's expense
- Playing too rough
- Destructive behaviour