



Millstream Newsletter

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Phone: 250-478-8348 ~ Fax: 250-474-5736

Principal: Julia Sahota jsahota@sd62.bc.ca

Vice Principal: Cory Meausette cmeausette@sd62.bc.ca

Secretary: Taryn Treloar ttreloar@sd62.bc.ca

Website: <http://millstream.sd62.bc.ca/>

VOLUME 3 - ISSUE EIGHT

It's the Place to Be!

MAY 2016

MESSAGE FROM THE PRINCIPAL

Julia Sahota,
Principal

What a beautiful month we are having. We started out May with a wonderful school wide trip to Butchart Gardens. Thanks to Ms. King for organizing this for us. We will end the month with a PAC event on Friday May 27th - A BBQ starting at 5:30 pm followed by a Family Dance featuring the "Matheson Band". There will be lots of dance prizes and a silent auction for prizes such as a Salmon Fishing Charter!

June will be a busy month and summer holidays will be here before we know it. Please see the schedule of events in the newsletter and feel free to come out to Beach Day, or to the Fun Day (we will need volunteers), and of course the year end assembly which will be held June 29th at 10:40am.

As some of you may have heard I will be retiring at the end of



December 2016. I will have been a teacher and Administrator for 30 years at that point. As a high school teacher, elementary teacher, high school, middle school and elementary school Administrator I have been responsible

for 17,000 students over those 30 years! So, as much as I love the job and have particularity enjoyed being at Millstream it is time for me to head off to shores unexplored.

The district should be announcing my Janu-

ary 2017 replacement shortly so when that information is out I will let everyone know. Until December 2016 I will enjoy every day with the fantastic Millstream staff and community. You really do make it "The Place to Be".

For Your Information...



"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." ~Dr. Seuss

Dr. Seuss Quotes



MARK YOUR CALENDARS

CALENDAR of EVENTS

May 2016

- 13th Class Photo Day - Envelopes Due
- 16th Popcorn Day
- 16th Grade 5's to Spencer at 9:00am
- 23rd Victoria Day - No School
- 24th PAC Meeting
- 27th Family BBQ & Dance at 5:30pm
- 27th Hot Lunch

June 2016

- 1st District Field Events (3:30 - 5:00)
- 2nd Clothing Exchange
- 2nd Last Day Library is Open
- 3rd District Track Events
- 6th Library Closes until September
- 7th Kindergarten Orientation FR - 1:15
- 8th Kindergarten Orientation EN - 1:15
- 17th Fun Day (AM) Quiet Time (PM)
- 24th Witty's Lagoon - Whole School
- 27th Popcorn Day
- 29th Year End Assembly - 10:40
- Last day of school for kids
- 30th Administration Day

MAY

ADMINISTRATION

Julia Sahota, Principal/Librarian
Cory Meausette, Vice-Principal

TEACHERS

Cory Meausette - Div. 1 (Gr.4/5)
Alison Whicher - Div. 1 (Gr.4/5)
Steve Deichmann - Div. 2 (Gr. 3/4)
Sylvia Devenport - Div. 3 (Gr. 2/3)
Catherine Alpha - Div. 4 (Gr. 1/2)
Michelle King - Div. 5 (Gr. 1)
Catrina Snook - Div. 6 (Gr. K)
Thera de Greef - Div. 7 (Gr. 2/3F)
Mme Marcoux - Div. 8 (Gr. 1/2F)
Caitlin Tates - Div. 9 (K)
Meg Grieve - Div. 10 (K)
Alison Whicher - Music
Wendy Mann - LS/IS
Robyn Penfold - LS/IS
Nathalie Trudelle - LS/IS - French
Michaela Carter - Counsellor

SUPPORT STAFF

Taryn Treloar - School Secretary
Laura Tinker - Education Assistant
Charro Woodford - Education Assistant
Lindsay Park - Education Assistant
Colette McFarland - Library Assistant
Lisa Miller - Strong Start
Rena Nagel - Lunch Supervisor
Trudy Court - Lunch Supervisor
Charro Woodford - Lunch Supervisor
Patti Christianson - ESD Support
Lynn Ferguson - Aboriginal Support
Al Beekman - Head Custodian
Sandra Martell - Speech & Language
Paula Twamley - Occupational Therapist
Carolyn Zanichelli - ELL

PAC EXECUTIVE

Dionne Buckham - Co-President
Lia Graham Lyon - Co-President
Heather Lutes - Secretary
Krista Bekkema - Treasurer
Lia Graham - Fundraising
Sarah Ramsbottom - Hot Lunch
Heather Bewsher - Hot Lunch
Dara Kirkpatrick - SPEAC
Stacey Campbell - Popcorn

What's Going on at Millstream?!



Hanging out at Butchart Gardens with Mrs. Sahota



Mme Tates' Class births chicks



Ms. Alpha's class release salmon in Millstream



Successful Cross Country Runners



Having Fun in Mme de Greef's class



Mme Marcoux's class participate in "Rocks & Rings"

**DANCE ENTRY:
\$2.00**



MATHESON

presented by
PAC

LIVE
FAMILY DANCE

MILLSTREAM ELEMENTARY SCHOOL

Family Dance

FRIDAY, MAY 27TH

BBQ Starts at 5:30 ~ Dance at 6:30

Come and join us at this fantastic family event!

There will be lots to enjoy including a sucker pull, loonie concession, spot dance prizes and a lollipop raffle! (Hot dogs \$1.50. Hamburgers \$3.50)

Raffle prizes include donations from Staples, Il Terrazzo, 1/2 day fishing charter, a Family of 4 pass to Sidney Spit, Serious Coffee, Cobs, & more...

PAC Ongoing Fundraising

Smile Card Fundraiser

Most asked questions about the Smile Card Fundraising Program:

How does loading the cards work?

Thrifty Foods will donate an amount equal to 5% of the amount you load on your Smile Card to the fundraising group. There is absolutely no cost to you. Ask the cashier to load any amount you wish onto the card before having your grocery order rung through. Pay for the card load with cash, debit card or credit card. Ring the grocery order through and pay for the order with your Smile Card.

Does using a Smile Card like this affect my Club Thrifty Foods points?

No it will not.

Where do I get Smile Cards for my group?

At Millstream School, in the office.

What if I do not have enough funds on my Smile Card to pay for my grocery order?

The cashier can apply all available funds on the card to your order. The outstanding balance can be paid in cash, debit card, or credit card.

What if there are funds remaining on my Smile Card once I've paid for my grocery order?

Use the funds to pay for purchases next time you shop at Thrifty Foods!

How do I know the current balance of my Smile Card?

Your grocery receipt will show the remaining balance of your Smile Card after each purchase or a cashier can swipe the card and do a balance inquiry.



How do I know I'm supporting my group/organization?

Your grocery receipt will display a message on the receipt stating, "Group XXX - Thanks for your support!"

What if my Smile Card is lost or stolen and there is a balance on it?

Lost or stolen cards should be reported immediately by calling Thrifty Foods Customer Service (250-544-1234 or 1-800-667-8280) or by going to any Thrifty Foods store.

Once reported, existing funds on the card are locked. A replacement card must be obtained from your group's administrator. Keep a record of your 19 digit card number, located on the back of the card, for reference in case of loss/theft.

Should I keep my Smile Card after the fundraising dates are over?

Yes - if the group applies for future funding, previously issued cards will be valid for the next approval period.

Support our school!

Other current fundraisers that are ongoing throughout the year include:

Cobs Bakery:

Fresh baked bread tastes better when you know it's helping raise money for Ecole Millstream Elementary School!

Mention Ecole Mill-

stream Elementary School at COBS BREAD and they will donate a percentage of your purchase back to your school. The more we mention Ecole Millstream Elementary School, the more money we will raise.

Canadian Tire Money:

Please bring in any extra or unwanted Canadian Tire money and help fill

our box. All monies will go to purchasing items for our school!

School Co-op Number:
13999

Not For-Profit Organization Membership

Several community organizations find a Peninsula Co-op membership an excellent and easy way to fundraise.. The membership number is then

shared with the members of your organization and they are encouraged to use it whenever they make purchases from Peninsula Co-op or Save-On Gas. At the end of the year, your organization will earn a rebate, based on the amount of purchases your members have made throughout the year.

Thank you for your participation in advance!



Hot Lunch...Online! How it Works...



ÉCOLE MILLSTREAM ELEMENTARY

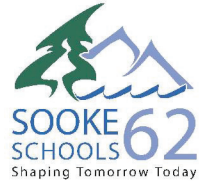
626 Hoylake Avenue, Victoria, BC V9B 3P7

Telephone: (250) 478-8348 ~ Fax: (250) 474-5736

Principal: Mrs. J. Sahota ~ Vice Principal: Mr. C. Meausette

Secretary: Miss T. Treloar Email: ttreloar@sd62.bc.ca

Website: www.sd62.bc.ca/Millstream/Home



Hot Lunch Program

***Thank you for helping making our first online hot lunch a success!
We appreciate your patience as we all learn how to navigate this new system.***

Please take a moment to review the following:

- 1) You DO NOT need a credit card to open a PayPal account. You can link the account directly to your bank account and use it like a debit transaction. Instructions are online at www.munchalunch.com
- 2) Please make sure you have completed your transaction. You will receive TWO email confirmations if paying via PayPal and ONE if you are choosing to pay by cheque. One will be from munchalunch and one from PayPal. If you have not received an email(s) then you HAVE NOT completed the transaction. Please go back to your account and follow ALL of the steps.
- 3) In order to streamline the system we prefer you pay online or by cheque. Cheques continue to be made out to Millstream PAC. Cheques MUST be delivered to the office NOT to your child's class as teachers are no longer asking for orders/payments.
- 4) For ANY questions/help/support please review the FAQ's on the munchalunch website as most answers can be found there. If you cannot locate the information you are seeking please feel free to contact Sarah Ramsbottom. We want to make this an easy process for everyone involved!! You can contact Sarah at Swramsbottom@gmail.com Or 250-893-0801.
- 5) Please let your child know what you've ordered for them to avoid their disappointment on Hot Lunch Day. Munchalunch makes this easy with those handy reminder emails the day before. ☺☺
- 6) Orders are still open for Subway Day and the Free Hot Dog day! (Please be advised that Hot Lunch for May is Subway. Hot Lunch for June is Hot Dogs.)
- 7) We welcome any restaurant/food recommendations you may have. Email them to Sarah at swramsbottom@gmail.com or heather.mansfield@hotmail.com
- 8) If you have an allergy concern or would like an alternative option provided for allergy/religious reasons please contact Sarah at swramsbottom@gmail.com or Heather at heather.mansfield@hotmail.com and we will do our absolute best to accommodate.

(If you require help and would like Miss Treloar to place the order for you, please see her in the office.)

It's Hot Lunch Day.. Yum Yum Yum Yum!

More Instructions:

Our ordering system is going **GREEN!** Instead of filling out a paper order form, parents will place their hot lunch orders Online using **MunchaLunch.com!**

You can pay for your orders by credit card OR Paypal account OR cheque.

You will also be able to receive email reminders of your order and only pay once for multiple children.

We can also use this system for other fundraising events as well!

HOW TO REGISTER:

- 1) Go to: www.munchalunch.com/schools/millstream
- 2) Click the "**Register Here**" button (as shown below). The system will guide you through
- 3) After adding your children, click the green "Order Lunch!" button to order
- 4) Next time, just click the "**Login Here**" button to access your account.



ORDERING DETAILS:

- ★ Online ordering will be OPEN from April 11-April 22, May 9-May 20 & May 30-June 10
- ★ If you need assistance with ordering, or do not have access to the internet, please contact Sarah Ramsbottom at swramsbottom@gmail.com or 250-893-0801
- ★ NO LATE ORDERS WILL BE ACCEPTED
- ★ Payment is due by order deadline

Please note if your child is ill on a lunch date, you are welcome to come and pick up their lunch by 12:45pm; otherwise please consider it a donation for a child who does not have a lunch. Consistent with previous years, there are NO REFUNDS as this is a PAC fundraiser. We appreciate your support for our hot lunch program as the funds go towards general fundraising within the school.

We are always in need of **Volunteers!** There is a volunteer page in the online system where you can checkmark which dates you are available. The lunch coordinator will then contact you with a proposed schedule.

Our thanks to the Millstream Elementary parent community for supporting this important fundraiser and to our wonderful Volunteers who help make this program a success!

Next PAC Meeting: May 24th @ 6:30pm in the Library

Kindergarten Orientation

MILLSTREAM'S KINDERGARTEN ORIENTATION FOR 2016-2017 STUDENTS

You're Invited



June 7th & June 8th



We are very pleased to welcome all of our new Kindergarten students to Millstream Elementary for September 2016!

Please accept our invitation for the following Kindergarten Orientations in June:

- ★ **French** Kindergarten on **Tuesday, June 7th**, at 1:15 pm for a "getting to know you" visit.
- ★ **English** Kindergarten on **Wednesday, June 8th**, at 1:15 pm for a "getting to know you" visit.

Parents: The format for your visit will look like this:

- ★ Upon arrival, parents and new students will meet in the school library for a welcome and orientation from Mrs. Sahota, our Principal.
- ★ Mme Grieve and Ms. Tates (french) and Ms. Snook (english) will come and get our new kindergarten friends and bring them to their classrooms for a visit. Parents stay with Mrs. Sahota
- ★ At 2:05 parents may pick up their child from the kindergarten room. At this time, some of our senior students will be offering a tour of our school for parents and children who are able to stay.
- ★ Please call the school in advance: (250) 478-8348 or email ttreloar@sd62.bc.ca if you are not able to attend.



We Love To Recycle!

The class that
brings in the
most clothing
gets **POPCORN!**



CLOTHING EXCHANGE

What are we Doing?

In the
Computer Lab
2pm-3:30pm
New Time!!

We will be having clothing exchanges on the first Thursday of every month (March 3, April 7, May 5, and **June 2**) after school in the **LAB**. We would appreciate donations of gently used and clean clothing (Ages 0-12)

How it Works

Please send into Millstream any clothes your Child(ren) don't wear anymore or that don't fit. There will be a basket in each classroom. We will sort and set up for the exchange day. You come on any date as listed and select new clothing. We are doing this to reuse clothes and reduce the resources we are wasting. *(You can still choose clothing, even if you don't donate!!)*

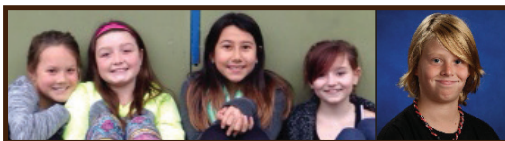
Why is it Important

We are doing this to reuse clothes and to reduce the resources we are wasting.

☺Help reuse and reduce it☺

☺Helps the Community☺

By Courtney, Jordyn, Amy, Hannah and Cody



JUNE 2ND
CHOOSE NEW CLOTHES!!

All parents are welcome to choose clothing for each child. (any amount)
This is first-come, first serve until we run out of clothing.



Strong Start at Millstream

Bring your pre-schooler to Strong Start at Millstream Elementary!

Lisa Miller
Strong Start
Coordinator

StrongStart BC early learning programs provide school-based early learning services for adults and their young children, aged **0-5 years**, at no cost to families. Both children and

adults can benefit from StrongStart BC early learning programs - children have access to high-quality learning environments and benefit from social interactions while the adults who accompany them learn new ways to support learning, both at the program and at home.

Parents and caregivers attending StrongStart BC programs can expect to participate in organized sessions like story time, in play activities, and in serving a healthy snack.

- ★ Monday to Friday - Room 504
- ★ 9:00am-12:00pm



MILLSTREAM ELEMENTARY STRONG START



Website: millstream.sd62.bc.ca
Phone: (250) 478-8348



Daily Program Schedule:

9:00 AM Center Activities including Art

10:15 AM Clean Up

10:20 AM Circle Time

10:35 AM Snack Time

10:45 AM Free Play Time

11:30 AM Clean Up

11:30 AM Story Time

11:50 Good Bye Song/Stickers



MAY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Caterpillars 2	Bees 3	4 GYM 9:15-10:15	Mother's Day Craft 5	CLOSED PRO D DAY 6	5
	Bug Hats 9	Grasshoppers 10	11 GYM 9:15-10:15 ERIN FROM SFRS	Wiggly Glue Bug Hunt 12	GYM 9:15-10:15 13	12
	Bug Painting 16	Playdough Nature Walk 17	18 GYM 9:15-10:15	Finger Paint Bug Jars 19	GYM 9:15-10:15 20	19
	CLOSED VICTORIA DAY 23	Lightening Bugs 24	25 GYM 9:15-10:15 ERIN FROM SFRS	Fly Swatter Painting 26	GYM 9:15-10:15 27	26
	Nature Walk 30	31				

This is a Guardian Participation Program:

ATTENTION:

Children must be registered by their second visit to attend Strong Start Birth Certificate is **REQUIRED**.



WAYS TO ASSIST:

- Being quiet at circle time
- Help prepare snacks
- Help clean dishes
- Dry dishes
- Put away dishes
- Put away art supplies
- Assist with toy clean up duties
- Sit with your child at circle time
- Guide & assist child with art activities
- Have children assist with clean up time

SPECIAL NOTE:

SFRS Sooke Family Resource Society will visit every other Wednesday. Please ask if you have any questions.

Island Health Presents



BC Healthy Kids Program

Beware Of Bats!

About 10% of bats in British Columbia are infected with Rabies. Rabies is a virus that is spread to humans from sick bats through bites, scratches, saliva or touching. Rabies is a serious disease and will cause death if not treated quickly.

To prevent rabies:

Vaccinate your pet dogs or cats.

Do not touch bats... ever.

If you are bitten or scratched by a bat, wash the wound well with soap and water.

If you find a bat in your house, leave the room right away. Call the Communicable Disease Program or [HealthLink-BC](http://healthlinkbc.ca) at 8-1-1 (a free call).

If you have any contact with a bat, including situations when a bat is in the room and you cannot exclude any possible bite, scratch or mucous

membrane exposure (e.g. in a room with a bat, sleeping in a room/tent with a bat), immediately call the Island Health Communicable Disease Program, or go to the nearest hospital for a Rabies vaccination.

For more information contact:

Island Health Communicable Disease Program:

South Island: 1-866-665-6626

Protecting Your Child's Hearing

Some hearing facts...

Children have more trouble hearing in noisy environments than adults! This is because their nervous systems are not mature. Children learn best in quiet, both at home and school.

Noise or loud music can hurt your child's ears! Firecrackers are really dangerous - they can cause sudden permanent damage. Power tools,

lawnmowers and even loud music can damage the delicate inner ear. When your child is around loud noises, protect them with earplugs or earmuffs or better still, avoid the noise.

Do you have concerns about your child's hearing? Contact a [Public Health Unit](http://publichealthunit.ca) Hearing Clinic to arrange a hearing test for your child.

Your local [Public Health Unit](http://publichealthunit.ca) Hearing Clinic

Play it safe with your family's smile.

Every year, sporting accidents cause broken teeth and injury to children's mouths. Mouth protectors help prevent injury to teeth and lips during sports such as ice and field hockey, baseball, basketball, soccer, lacrosse and rugby.

Adults can be good role models by wearing helmets and mouth guards to prevent sports injuries and encouraging

children to do the same.

Mouth guard kits are available at sporting goods stores for under \$20.00. Ask the store about the best guard for the particular sport. These mouth guards are quick and easy to fit, but are not suitable for use over braces or other oral appliances. For a custom fit mouth guard, contact your dental office.

Accidents can happen. If a tooth is knocked out, there may be blood. This is upsetting to the child and the adult attending to the emergency. Reassure the child, take a deep breath yourself, then:

Find the tooth if possible, hold by the crown and place in milk or water

Rinse the mouth with warm water and apply cold compress

Call a dentist immediately

Play it safe with your family's smile.



For more information on any of the above, please contact:

Health Units: West Shore: 250-519-3490 VIHA Child, Youth and Family Community Health Dental: Victoria: 250-519-5100 or 1-800-663-7867, Registered Dietitian or www.healthlinkbc.ca/healthyteating/ HealthLink BC File #100 Severe Food Allergies in Children: www.healthlinkbc.ca/health-files/hfile100a.stm Anaphylaxis Canada www.anaphylaxis.ca/ Your doctor, Your pharmacist ~ HealthLinkBC at 8-1-1 and ask to speak to a Registered Dietitian or www.healthlinkbc.ca/healthyteating/ www.sexualityandu.ca

Bus Registration

Online Bus Regstraion Delayed

Transportation SD62

Online bus registration is delayed. Our online vendor is having a technical glitch that they are working on. We hope this delay will not last more than a day.

Once registration is open, you will have at least one month to register your child/ren for the school bus.

Reminder - New for the 2016/17 school year:

- ★ Register and pay online!
- ★ Fare increase of \$50 per rider
- ★ Outstanding fees must be paid before registering for the next school year. If you have outstanding fees and register online, your registration will be cancelled.

Fees:

- ★ One student- \$225
 - ★ Two students - \$450
 - ★ Three students-\$550
 - ★ Four + students -\$650
- The maximum amount a

family will pay is \$650 if they have four or more children using District transportation.

Payment options (note the change):

1. Pay the full fee at the time of registration
2. Pay in 2-6 instalments. Payment will automatically deduct from your credit or debit card on the 1st of each month.

We apologize for any inconvenience this may

cause and thank you for your patience as we work to resolve this delay. We will provide a further update to you tomorrow.

For more information about bussing including fees, routes and guidelines, please visit the Transportation section of our website.

Follow us on Facebook and Twitter to receive immediate updates.

If you have any questions or concerns, please contact us at info@sd62.bc.ca

REGISTRATION & FEES



Register & pay online!

Payment will be due at the time of registration.

- 1) Pay the full fee all at once at time of registration.
- 2) Pay half now and half before September.
- 3) Pay in six equal payments



Registration window May 12 - June 17

School bus registration will now take place BEFORE the coming school year during a registration window. Students must be registered during this period to ensure a seat on the school bus.



Fee Change

Potential bus fees for the 2016/17 school year:

- * One student rider \$225
- * Two student riders \$450
- * Three student riders \$550
- * Four or more student riders \$650

Max per family = \$650



Do you owe from previous years?

Any fees owing from this school year must be paid in full before school bus registration for the next school year. Please contact us if you have any outstanding fees.

Do you need before/after school care?

CHILDCARE OPTIONS



COMPANY NAME:
SERVICE OFFERED:
TIMES:
WEBSITE:
CONTACT:
PHONE:
EMAIL:

APPLE SEEDS NATURE ADVENTURE
BEFORE AND AFTER SCHOOL CARE & PRO D DAYS
7:00am - 5:30pm
N/A
Cathy McDonagh (Licensed ECE)
250-881-4280
appleseednatureadventure@gmail.com

COMPANY NAME:
SERVICE OFFERED:
TIMES:
WEBSITE:

BOYS AND GIRLS CLUB
BEFORE AND AFTER SCHOOL CARE - ON SITE
7:00am - 5:45pm
<http://www.bgcvic.org/clubs-camps/before-and-after-school-care-licensed/>
Louise Sakata
250-384-9133 Ext 203
lsakata@bgcvc.org

CONTACT:
PHONE:
EMAIL:

COMPANY NAME:
SERVICE OFFERED:
TIMES:
WEBSITE:
CONTACT:
PHONE:
EMAIL:

HAPPY CAMPERS
BEFORE AND AFTER SCHOOL CARE
6:30am - 6:00pm
<http://www.happycampers.ca/>
Lucy-Ann Smith
250-391-0909
lucy-ann@happycampers.ca

COMPANY NAME:
SERVICE OFFERED:
TIMES:
WEBSITE:
CONTACT:
PHONE:
EMAIL:

HIS KIDS
BEFORE AND AFTER SCHOOL CARE
7:00am - 6:00pm
<http://www.hiskidschildcare.ca>
Brad Messelink
250-744-8700
hiskids@shaw.ca

COMPANY NAME:
SERVICE OFFERED:
TIMES:
WEBSITE:
CONTACT:
PHONE:
EMAIL:

JDF - OUT OF SCHOOL LICENSED CARE
KINDER CARE & AFTERSCHOOL CARE
3:00PM - 5:30PM (Flexible schedules)
<http://www.westshorerecreation.ca>
Krista Pearson
250-474-8608
kpearson@westshorerecreation.ca

Please note: Millstream School does not promote or have ANY affiliation with the above childcare providers. It is up to the parents to research and determine which provider will best suit your child's individual needs.